

The SHORE WALKER

The Shorewalker is the newsletter of Shorewalkers, Inc., a nonprofit environmental organization dedicated to exploring and preserving the shores and wetlands of New York City and surrounding areas. We walk through and enjoy the outdoors, support efforts to build and maintain open spaces along our public waterways, and encourage all to enjoy our environment.

“SEE NEW YORK AT 3 MILES PER HOUR”

Shorewalker Hotline: 212 330-7686; Website: www.shorewalker.org

The Great Saunter Foot Path Around Manhattan’s Rim—Let’s designate it. Developed over the past 25 years by the Shorewalkers, it goes through over 20 parks and promenades along New York Island’s waterfront.

Thousands of New Yorkers and tourists have walked **The Great Saunter (GS) Foot Path** since 1984 when it was initiated by The Shorewalkers, an environmental and walking group. Distinct from the Manhattan Waterfront Greenway, **The GS Foot Path** goes through the Riverbank State Park, Nelson Rockefeller Park, the Battery Park, and Battery Park City Promenade, Cherry Walk, and other areas not included in the Manhattan Waterfront Greenway.

The Great Saunter and The Great Saunter Foot Path aim to:

Encourage development of a contiguous waterfront walking path

Bring visitors and residents to New York’s waterfront parks

Increase the fitness and health of walkers

Help maintain the environment of city and state parks

Raise public awareness of Manhattan’s beautiful Rim

Continue the **Great Saunter** as a public environmental event where walkers can have fun and meet interesting people from all over the world

Work with us to designate and preserve **The Great Saunter Foot Path** around Manhattan’s rim. And then come walk it on **May 1, 2010**



State Line to Piermont and Nyack

Departing by bus from GW Bridge/Port Authority 181st Street Station, about 15 SW, led by Cy Adler and friends, started the walk at the state line/Lamont-Dougherty facility.

A beautiful clear sunny day, first enjoying sculptures and the grounds of Lamont; we then walked through the tall trees of Tallman Mountain State Park. With glimpses of the Hudson River, gradually descending some 400 feet, we reached Piermont for lunch.

Piermont, a charming village on the Hudson, complete with a waterfront gazebo in a public park, was a perfect spot to have lunch and enjoy views of the Hudson, featuring ice along the shore edge and views of the Tappan Zee Bridge in the distance. Piermont also featured a memorial to the WW II soldiers who embarked from Piermont to serve abroad. The walk continued along the Hudson River, on River Road, a long stretch with picturesque Victorian mansions and delightful individual home riverfront boat docks. Also the occasional ice covered cliffs. That there was very little car traffic along River Road made the walk especially enjoyable. We were soon walking underneath past the Tappan Zee Bridge and continued on to Nyack, where we caught a late afternoon bus back to New York City.

Photo and article by Christine Yost

SHOREWALKERS CALANDAR

Explore your shores and wild waters. See marshes, meadows, beaches, streams, ponds, oceans. Wear sturdy shoes; dress in layers. Bring snacks, water, extra socks, and a hat. Foul weather may cancel; if in doubt, call hike leader. All walks and expeditions are free to members, unless otherwise stated. We ask guests for donations.

Saturday, May 1, 2010

THE GREAT SAUNTER

Cool, beautiful and long

On Saturday, May 1, 2010, Shore walkers will hold its annual Great Saunter-a 32-mile walk around Manhattan’s rim. The pace is steady, but not fast. Most of the route is fairly flat. We keep to the waterside as much as possible. No rain date. Many of us will make it round, regardless of the weather. We walk through more than a dozen parks, and touch a dozen cultures. There are many points from which you can easily join in or drop off and catch public transportation.

The following are approximate departure times. Times vary depending on the pace of the walkers, so from the Circle Line Terminal and after be at your start point 30 minutes ahead of time to sign in and join the other walkers.

7:30 AM: (Start) At Fulton & South Streets, in front of the Heartland

Brewery near the South Street Seaport

7:45 AM: South Ferry Concession Stand outside the Staten Island Ferry Terminal

9:45 AM: Circle Line Terminal at W. 42nd St. & 12th Ave.

11:20 AM: Riverbank State Park: By the bus stop inside the park, near the northern end. W. 145th St

1:30 PM: (Lunch) Inwood Park: At South Flagpole (near the park entrance at Seaman Ave. & Isham St.)

5:00 PM: Carl Schurz Park: East River Promenade near flagpole, at E. 86th St.

7:30 PM: Rendezvous and celebrate at the Heartland Brewery starting point(and get your certificate)

Free to Shorewalkers’ members. Non-members are requested to donate \$15

Register in advance, on-line at www.shorewalkers.org

And avoid the registration lines.

Or register at any of the checkpoints

DON’T MISS THE PREMIER NYC WALKING EVENT OF THE YEAR!

SEE MANHATTAN AT 3 M.P.H.

Summer 2010

Sunday, May 2, 2010

Flat Iron Neighborhood We'll join the 23 St. Partnership for a guided tour of the neighborhood. **Meet 10:45** on SW corner Madison Square Park, 23 St. and Broadway. Take 6, N, R, W subway to 23 Street. You must call Judy Mahler, leader, 5-7 PM 718-692-2854, day before to find out if walk is on.

Friday, May 7, 2010

Gravesend –Easy walk with sights going back to Revolutionary Days and a haunted house. **Meet 11:45** (eat lunch before walk or carry snacks) at Kings Highway and McDonald Ave near the Bank. Take F train or B82 bus. Alan Hecht leading. You must call Judy Mahler day before 5-7 PM at 718-692-2854 to find out if hike is on.

Saturday, May 8, 2010 (Two hikes)

(Hike 1) THE BRIDGES & WATERWAYS OF NEW YORK'S CENTRAL PARK This moderately paced adventure will take you under, over, around and through many of the amazing architectural wonders of *Central Park* (arches, bridges and waterways). We begin our journey at the southwest tip of Central Park South and zigzag our way up the eastern half of *Central Park* to The Harlem Meer at 110th St. Then we circle back along the western half of the park and finish at Columbus Circle. Please bring water and lunch or snack for this fascinating 5-hour trek of approx. 8 miles. **MEET: 9 AM sharp** at the Atrium entrance to the Time Warner Towers Complex at 59th St. & Columbus Circle. Rain or Shine! Subway: Take the A, D or 1 train to 59th St. **Leader: Matthew Brozyna, (917) 912-9533.**

(Hike 2) Brighton Beach & Beyond We'll walk the boardwalk, savor an exhilarating international community, enjoy a Russian lunch, & then explore Manhattan Beach & areas of Sheepshead Bay (including its Holocaust Memorial) before heading home. Estimated 3-5 miles, a steady slow to moderate pace. **MEET: 10:30 AM** in front of Nathan's. Bring water & snack. Take the D/F or Q to Coney Island-Stilwell Ave. (exit the front side of the station & you will spot Nathan's to the right across the street). Leader: Devra Zetlan (212)662-8922 or, cell on day of walk only, (917)526-3908. Rain cancels.

Sunday May 9, 2010

Reed's Basket Willow Park - Discover this hidden natural park in Dongan Hills. We'll visit three bodies of water in the park and stroll through the woodlands from 10am to 12 noon. Although none of Reed's basket willow still grows near the swamp from which the park gets its name, the woodlands and stream are still home to a wide variety of flora and fauna. Meet at the Spring Street entrance in Dongan Hills. Leader Clay Wollney at (718) 869-6327.

Friday, May 14, 2010

NYU area and Grey Gallery (\$3 admission). **Meet 11 AM** Astor Place Station, on the street, 6 train. Meander around

May-August 2010

interesting homes and history, end at the Gallery in Washington Square. If weather is good, we can eat in the Square. You must call leader, Judy Mahler 718-692-2854, day before 5-7 PM to find out if the walk is on.

Saturday, May 15, 2010 (Three hikes)

(Hike 1) GARRISON, NY and EAST HUDSON HIGHLANDS- 11 miles, moderate pace with climbs. Sugarloaf Hill South, the Appalachian Trail into the Curry Pond traverse and a return from the West Point lookout at Arden Point. Forested, rolling hills on leaf and pine-strewn trails. Bring lunch and water. **MEET: at Grand Central Terminal information booth in the ticketing area before 8:25 AM.** Departure at 8:47 AM to Garrison, NY (round-trip). (Check with MetronNorth for fares.) **Leader: Marvin Malater (718) 376-3608** for hike status, schedule. Joint hike.

(Hike 2) BRIARCLIFF-PEEKSKILL TRAIL AND OLD CROTON AQUEDUCT 14 miles, moderate pace, about 9+ hours. Enjoy a woods walk in the Blue Mountain Reservation. Lunch over-looking the Hudson River. Finish in Ossining. No smoking on trip. **MEET: 8:20AM** in Grand Central Terminal, information booth (main level). Taking 8:47 AM train. Fare: \$16.50, about 1/2 that from the Bronx. Bring lunch, water. Joint hike with Outdoor Club and NY Hiking Club. **Leader: Mayer Wiesen, 516 671-2095.** Call leader before 10:30 PM for further information

(Hike 3) New York's East-Side Museums and Cultural Institutions-Part 1 8+ miles, 5 hours, moderate pace. Walk by museums and cultural institutions on Manhattan's **east side.** **Meet at 9:30 AM** above the Prometheus statue (south side) at Rockefeller Center. Take the D or F train to 47-50th Street. Bring lunch, water, and snacks. Heavy rain cancels. **Leader: Z. Baez email: loves2walk@gmail.com.**

Sunday, May 16, 2010 (Two hikes)

(Hike 1) Pocantico River Path, Rockefeller Preserve. Walk from Philipse Manor station via Sleepy Hollow Cemetery to the Rockefeller Preserve. Pleasant woods walk along the Pocantico River. See where the Headless Horseman roamed. Then circle through rolling hills to visit Stone Farms and Swan Lake, returning to Philipse Manor or Tarrytown. About 8-9 moderate miles. Bring lunch, water, wear sturdy shoes. **MEET: 9 AM,** Grand Central Terminal, to take 9:20 Metro North Hudson Line train to Philipse Manor, arr. 10:12. **Leader: Dorothy Lourdou 212-685-6443**

(Hike 2) Jones Beach Gourmet Walk- Bring 2 portions of any food for gourmet feast. Walk to Roosevelt Nature Sanctuary and then to Bayside for interesting birds. 5 miles on beach and boardwalk. Take the LIRR to Wantauk, arriving at **10:03AM.** Please check schedule. Drivers meet at the south side of station. Rain cancel. Call to confirm hike is on. **Leader: Frank Bamberger 718-457-5159**

Summer 2010

Saturday, May 22, 2010 (Two hikes)

(Hike 1)THE JERSEY / HUDSON RIVER SAUNTER (PART 2)- If you've been searching for a journey with spectacular views of the Big Apple, but from a different perspective, make it a must to join us on this amazing 14+ mile medium-paced walk. First, we walk across the George Washington Bridge from Manhattan; then we spiral south along The Palisades, The Cliffs and The Shores of New Jersey. Later we pass through Historic Hoboken, and finally end our adventure at the newly rebuilt pier near the tip of Jersey (Liberty) City, N.J. Please bring plenty of water, fresh fruit & nuts for energy, and/or lunch for this visually stunning, 7+ hour "mini-saunter." We return to Manhattan by PATH (\$1.75 fare). **MEET: 9:15 AM** at the Information Booth in the GW Bridge Port Authority Bus Terminal (178th St./Broadway). By Subway: Take the "A" Train to the 175th St. Station. Rain cancels! **Leader: Matthew Brozyna, (917)912-9533.**

(Hike 2)Conference House Park and Beach – walk from 9am to 11am. Past and present blend in the Conference House Park where history stretches back thousands of years with the seasonal occupation of the Lenape and hundreds of years with the habitation of the Dutch and English. In addition to the local history we'll observe the geology of the area and look for what the debris at the high tide line has to reveal. As the tide goes out we'll move into the intertidal zone to find out what sorts of living things survive in this challenging environment. Meet at the parking lot at the end of Hylan Blvd. on the left. Leader Clay Wollney at (718)869-6327.

TUESDAY, MAY 25, 2010 @ 7PM

THANK YOU DINNER

Welcome hike leaders, volunteers and NEW members! Join us at Royal Bangladesh Indian Restaurant, 93 First Ave.(btw 5th & 6th St., walk 3 blocks. east from Astor Place station. Take 6 train. Each guest will receive \$20. Please register with Frank Bamberger at 718-457-5159 by May 22.

Saturday, May 29, 2010(Two hikes)

(Hike 1)END TO END: BROADWAY The first in a new series of walks where we explore some of the great thoroughfares in the city. On this walk we begin downtown at Bowling Green in Manhattan and end at 242nd St., in the Bronx. Approximately 16 miles. Many drop off points along the way. Steady, brisk pace. Rain cancels. **MEET 9:00 AM** west side corner of Bowling Green and Broadway. Broadway side of the National Museum of the American Indian. Many subway lines (1, 4, 5, N etc) stop near our beginning point. Leader Jack McClelland or Elizabeth Campbell at (718) 478-2430 / cell (347) 586-6933 / jgmwolf@hotmail.com

(Hike 2)OVER THE GEORGE WASHINGTON BRIDGE, INTO THE WOODS ON TOP OF THE PALISADES. Part of The BATT-TO-BEAR TRAIL- legs 4 and 5. Walk down 400 stone steps to the Hudson shore,

May-August 2010

and then north....6-8 miles. No New Yorker should die without having walked over the GWB. Spectacular views and fresh air. See 4-color map of BTB Trail at www.shorewalkers.org. Also on line, see beautiful new BTB info/rack cards: Walking the Hudson, Batt- to-Bear, funded by the Hudson River Foundation. Wear hiking shoes, hat. Bring water, food, binoculars. Bad weather cancels. **MEET: 9. AM** at Bus Terminal information booth, 178th /Broadway. Bus leaves 9A/Gate 220 @ 9.15. Take A train to 178 or #1 to 181Street. Call 212.663.2167 if in doubt. Leader: Cy Adler and friends

Sunday, May 31,2010

JONES BEACH 4-6 mile walk on boardwalk and some trails. Bring bathing suit for possible swimming. Also bring lunch, water and suntan lotion. Old shoes or slippers are a good idea because we will be walking on the beach. **MEET: noon** at Freeport LIRR Station Waiting Room. Take the LIRR train arriving Freeport at 11:46 AM (leaving Penn Station at 11:02AM or Jamaica Station at 11:24 AM- check LIRR schedule for changes and for fare. Cost LIRR fare, plus bring Metrocard for bus. Rain cancels. Leader: John Socolick 516-791-6453 Call between 6 and 10 PM.

Saturday, June 5, 2010(Two hikes)

(Hike 1)Great Manhattan Bridge Walk 27 miles, moderate pace, 12 hours. Start at Brooklyn Bridge, end at GW Bridge. We'll walk over all of the bridges on which one can leave Manhattan Island by foot. Bring Metrocard for 2 or 3 bus/subway rides (in addition to the 27 miles of walking.) Bring plenty of water & lunch. Heavy rain at start cancels. **MEET: 8:45AM** at the Municipal Office Building just north of the Brooklyn Bridge, in Manhattan. (Take 4/5/6/J/M/Z train to City Hall/Brooklyn Bridge) Leader: Walt Wright 917-783-6540, waltwright@yahoo.com

(Hike 2)Shakespeare's Walk 6+ miles, 4 hours, moderate pace with several climbs. Visit sites that offer Shakespeare for free during the summer. Leave the sonnets at home. **Meet at 9:30 AM** at the Atrium entrance to the Shops at Columbus Circle and 59th Street. Take the A, D, or 1 train to 59th St. Bring lunch, water, and snacks. Rain cancels. Leader: Z. Baez email: loves2walk@gmail.com.

Sunday, June 6, 2010(Two hikes)

(Hike 1)Long Pond Park – From 10am to 12 noon. We will look for evidence of the plants and animals, especially reptiles and amphibians, as we survey the woodlands surrounding Long Pond. We'll also examine the geology and observe evidence of past human use of the area during this unhurried stroll through about one and a half miles of the park. **MEET at PS 6**, on Page Avenue and Academy Avenue about 3 blocks NW of Hylan Blvd. Leader Clay Wollney at (718) 869-6327.

(Hike 2) Brooklyn Walk. Approx. 4 miles. From Bed-Stuy to Brooklyn Heights, we pass by lovely brownstones, the oldest Magnolia tree in New York, landmark buildings,

Summer 2010

Junior's restaurant, and the Fulton Street Mall. Then onto the Brooklyn Tabernacle for Gospel service at noon. Optional brunch after service on Montague Street in Brooklyn Heights. Take the "J" train to Gates Avenue and meet at McDonald's (1 ½ short blocks behind you). **Meet at 9:30 AM** Call to make sure walk is on. Message will be on machine day before. Leader: Lauri Hewie, **718-455-3050** (NCA 10 pm).

Saturday June 12, 2010(Three hikes)

(Hike 1) Rockland Lake to Nyack – 7 miles, moderate pace with climbs on the Long Path. The Hook Mountain Ridgeline and subsequent deer runs, return us to Nyack for an optional dinner and/or visit to the Edward Hopper Gallery. Bring lunch and water. **MEET PABT, south Wing before 8:45AM** at the White Commuter Statues. Departure: 9:15 am, bus 9A/gate 220, O/W to Rockland Lake, N.Y. Leader: Marvin Malater 718-376-3608 for hike status or schedule. Joint hike.

(Hike 2)Union Square Shuffle 8+ miles, 5 hours, moderate pace with several climbs. Visit sites that offer free entertainment during the summer while we shuffle through parts of Greenwich Village, East Village and anywhere south of Union Square Park. **MEET at 9:30 AM** in front of Whole Foods Market on 14th St at the southern end of Union Square Park. Bring lunch, water, and snacks. Take the N, R, Q, 4, 5, 6, or L train to 14th Street/Union Square. Rain cancels. Leader: Z. Baez email: loves2walk@gmail.com.

(Hike 3)Old Mill Road – From 12 noon to 2pm. Park at the end of Old Mill Road, behind the church. We'll stroll along the multi-use trail overlooking the marshes and return along the Blue Trail. We are surrounded by beautiful, old woodlands as well as newly grown stands of cottonwoods and other pioneer plants. We'll see the flow of the famous Hessian Spring as it crosses the road and view Fresh Kills estuary. Leader Clay Wollney at (718) 869-6327.

Sunday, June 20,2010

Coney Island to Manhattan Beach Walk along Coney Island Boardwalk from Coney Island to Brighton Beach and then to Manhattan Beach. We will stop at Manhattan Beach at end of hike for an optional swim if the weather is good. Rain cancels. Easy pace, 3-4 miles, approx.3 hrs. Bring Lunch and water and bathing suit (optional).**MEET 11:00AM** at Nathan's-Surf & Stillwell Ave. Take F, Q, W trains to Coney Island, Stillwell Avenue Station. Nathan's is directly across from subway station. Leader Ed Leibowitz 201-332-1709 cell 201-850-9649 only after 10:00 AM on day of hike.

Saturday, June 26, 2010(Three hikes)

(Hike 1)Manhattan: Statues & Outdoor Monuments— Upper West Side area (88th St to 120th St). Moderate walking, some hills, about 4-5 hours. **Meet at 11:00AM**, exit at 96th St & Broadway (No. 1 train) at Rite Aid Pharmacy (southwest corner). We will walk over to Riverside Drive

May-August 2010

and the Hudson River. Up through Columbia University to Grant's Tomb. Bring lunch, water, binoculars or a camera with optical zoom lens. Heavy rain cancels. Leader: Tom McBreen— Day of walk use cell (516) 238-8073.

(Hike 2)Vinegar Hill & Dumbo Explore these contrasting but equally interesting waterfront neighborhoods adjacent to downtown Brooklyn. See new parts of the Brooklyn Bridge Park. Likely visits to several art galleries. **Meet at 1PM** near the grand staircase at Brooklyn Borough Hall (facing on Cadmon Plaza). Take 2, 3, 4, 5 trains to Borough Hall station in Brooklyn. Bring water & snack. About 3 easy miles, steady slow to moderate pace. Leader: Devra Zetlan, (212) 662-8922 or cell on day of walk only as follows (917)526-3908. Rain cancels. For confirmation & details, call leader.

(Hike 3) Tottenville To Pleasant Plains – Moderate hike, 6 miles, 3-4 hours, along beaches of Southwestern Staten Island and surrounding suburb areas with variety of scenery. **MEET 10:15AM** at the Staten Island Ferry, Manhattan side in waiting room. Take R, N, or 1 train to South Ferry. Bring lunch & water, Metrocard. Leader: Ray Krant 718-435-4994.

Sunday, June 27, 2010

WALL STREET TO BROOKLYN HEIGHTS Moderate paced 5-mile hike. Starting at Bowling Green, we will walk north to the Brooklyn Bridge. Crossing over the bridge we explore the DUMBO area, before entering Brooklyn Heights to walk the Promenade. The hike will end with lunch on Montague Street. **Meet 10:30 AM** at the Southern end of Bowling Green Park (# 4 or 5 train to Bowling Green Station. **Leader: Robert Lazzaro, email rlazzaro4@aol.com.** Heavy rain or cancels

Saturday, July 3, 2010

Brooklyn Bridge and Brooklyn Heights Promenade **MEET 11AM** at the Brooklyn Bridge stop of #4,5,6 train at 1 Centre Street. Bring lunch and water. Use bathroom before hike or at Brooklyn Bridge station before exiting turnstile. Call to confirm if hike is on. Leader Ellen 212-861-4267

Saturday, July 10, 2010

RIVERDALE/FIELDSTONE Brisk 6 miles from Ft. Tryon Park in upper Manhattan to Fieldston and Riverdale in the park. Lunch at Wave Hill. **Meet 10AM** at entrance to Ft Tryon Park. Take A train to 190th St. Elevator up to Ft Washington Ave. & park entrance. Rain cancels. Leader: Minor Bishop 212-686-5095

Saturday, July 17, 2010

Cascade of Slid and Beyond: Harriman- Sloatsburg to Tuxedo; 7.5 miles at a moderate pace. Terrain: Level, rock-strewn trails with mild hills. Paralleling Pine Meadow Brook, we cross this over near the turbulent cascade. Further on,

Summer 2010

lunch on a rock shelf at the banks of Lake Sebago. Dutch Doc Trail Shelter and Claudius Smith Cave are sights along the route to Tuxedo. Bring lunch and water. **MEET PABT**, south Wing, (40th St & 8th Ave.) at the White Commuter Statues **by 8:45 AM** Departure: 9:10am, gate 312, O/W to Sloatsburg, NY. Return from Tuxedo by train or bus. Leader: Marvin Malater 718-376-3608 for hike status or schedule. Joint hike.

Saturday, July 24, 2010

Queens Greenbelt- Moderate hike, 7 miles. Hike from station through Flushing Meadow, Queens Botanical Garden. **MEET: 10:45AM**, outside turnstile of 111St. station on 7 train. Bring lunch & water, Metrocard. Leader: Ray Krant 718-435-4994

Saturday, July 31, 2010(Two hikes)

(Hike 1)Constitution Island: Child friendly. Strolling, sightseeing at a gentle pace. This legendary gem on the Hudson, opposite West Point, is open only 3 weekends per summer. Take Metro North (Hudson Line) from Grand Central to Cold Spring and **MEET approx. 11AM** (time depends on what the new train schedule will show for train arrivals before or close to 11AM) at the parking area south side of train station, for transport to the island. Bring photo ID. Expect entrance fee of \$10, covering free boat rides, guided walks, or independent exploration. Amenities include shaded picnic groves, public restrooms, a gift shop in the historic Warner House, walking trails, and a hot dog vendor. *Departure time is optional. (*Alternatively, meet at 10AM at parking lot at North White Plains Train Station for car pooling. Donate \$5 to the driver. For this option, you must call leader in advance.)* Leader: Stewart Manville 1-914-582-12379

(Hike 2)Manhattan: Statues & Outdoor Monuments— East Village, Gramercy Park, Kips Bay and Murray Hill (Houston to 34th Sts). Moderate walking, some hills, about 3-4 hours. **Meet at 11:00AM**, exit at Houston Street (No. 1 train) (southeast corner). Bring lunch, water, binoculars or a camera with optical zoom lens. Heavy rain cancels. Leader: Tom McBreen— Day of walk use cell (516) 238-8073.

Saturday, August 7, 2010

Terrace Pond Located on the summit of Bearfort Mountain, Terrace Pond is surrounded by cliffs of purple conglomerate, scrub pines, and rhododendron thickets. We climb 350 feet on this approximately 5-6 mile hike. Some rock scrambling. Transportation NJ Transit Bus 197 Leaving Port Authority Bus Terminal 7:30am arriving at approx. 9:00am NJ at Lakeside Rd. (RTE. 513) & Geenwoodlake Trpk. (Rte. 511). Leader will **meet** at bus drop off. Short shuttle from Bus stop. Call to confirm bus schedule. Leader: Nick DiNapoli 212.600.1180.

May-August 2010

Sunday, August 8, 2010

Riverdale-Fieldston stroll – Visit an area of New York City where the surfs live better than you do. 3 easy miles. Learn what a F.P.O.A. is. No smoking on trip. Meet at the Northeast corner of Broadway and 207th St., A train to 207th St., last stop. Leader: Mayer Wiesen 516-671-2095 till 10:30pm. Joint walk with New York Hiking Club and the Outdoors Club.

Saturday, August 14, 2010

Rockaway Park Beach Hike and Swim Walk along boardwalk from Beach 116 Street to 9th Street and back. Dropout points along the way. We will stop for lunch. Optional swim depending on the weather. Moderate pace, 10 miles, 6-8 hrs. Bring lunch and water and bathing suit (optional). **MEET 11:00 AM** at Beach 116 Street outside of train station. Take Far Rockaway A-train to Broad Channel-Change at Broad Channel for the “S” Train. If you take Ozone Park/Lefferts Boulevard A-Train, change at Rockaway Boulevard for Far Rockaway A –train and then change at Broad Channel for S-Train. Get off S-train at last stop Beach 116 Street. Leader Ed Leibowitz 201-332-1709 Cell 201-850-9649 only after 9:30 AM on day of hike. Call to confirm hike is on.

Sunday, August 15, 2010

Closter Dock Road to Nyack: Palisades – 11 miles at a moderate to brisk pace. Terrain: Level with some mild hills, passing through elements of the Long Path. State-Line, Tallman Mountain State Park, Piermont and Nyack are on the trek lines, with optional dinner and/or visit to the Edward Hooper Gallery. Bring lunch and water. **MEET** at the PABT(40th & 8th Ave.)South Wing, by White Commuter Statues **before 8:45AM** Departure: 9:15am, O/W to Closter Dock Road, NJ, bus 9A/gate 220. Leader: Marvin Malater call 718-376-3608 for hike status or schedule. Joint hike.

Saturday, August 21, 2010

Constitution Island: Child friendly. Strolling, sightseeing at a gentle pace. This legendary gem on the Hudson, opposite West Point, is open only 3 weekends per summer. Take Metro North (Hudson Line) from Grand Central to Cold Spring and **MEET approx. 11AM** (time depends on what the new train schedule will show for train arrivals before or close to 11AM) at the parking area south side of train station, for transport to the island. Bring photo ID. Expect entrance fee of \$10, covering free boat rides, guided walks, or independent exploration. Amenities include shaded picnic groves, public restrooms, a gift shop in the historic Warner House, walking trails, and a hot dog vendor. *Departure time is optional. (*Alternatively, meet at 10AM at parking lot at North White Plains Train Station for car pooling. Donate \$5 to the driver. For this option, you must call leader in advance.)* Leader: Stewart Manville 1-914-582-12379

Summer 2010

SUNDAY, AUGUST 22, 2010 (Two hikes)

(Hike 1)OVER AND UNDER THREE BIG BRIDGES OF BROOKLYN

Start at the Municipal Building in Manhattan. Walk over the Bklyn Bridge, then through Brooklyn Heights and under the bridge. Then through Dumbo, Around the Bklyn Navy Yard, Fort Green Park, Williamsburg,. Eat and then over the bridge back to Manhattan. Different sights each time. 6-7 level miles usually. Bring water and a hat. Leader Cy Adler **MEET** south of the Municipal Bldg. **at 10AM.**

(Hike 2)Constitution Island: Child friendly. Strolling, sightseeing at a gentle pace. This legendary gem on the Hudson, opposite West Point, is open only 3 weekends per summer. Take Metro North (Hudson Line) from Grand Central to Cold Spring and **MEET approx. 11AM** (time depends on what the new train schedule will show for train arrivals before or close to 11AM) at the parking area south side of train station, for transport to the island. Bring photo ID. Expect entrance fee of \$10, covering free boat rides, guided walks, or independent exploration. Amenities include shaded picnic groves, public restrooms, a gift shop in the historic Warner House, walking trails, and a hot dog vendor. *Departure time is optional. (*Alternatively, meet at 10AM at parking lot at North White Plains Train Station for car pooling. Donate \$5 to the driver. For this option, you must call leader in advance.)* Leader: Stewart Manville 1-914-582-12379

Monday, August 23, 2010

MAILING PARTY! Spend a pleasant evening with refreshments and good company. Call 212-330-7686 for time and place.

Saturday, August 28, 2010(Two hikes)

(Hike 1)Bronx: Beautiful trees, flowers of the Bronx Botanical Garden and the Hall of Fame. Moderate walking, some hills, about five to six hours. **Meet at 10:00AM**, exit at Bedford Park Boulevard (No.4, D train). We will walk down Bedford Park Blvd. to meet with the walkers arriving on the Metro North from Grand Central Terminal at 10:30AM. Entrance to the "Gardens" is free on Saturdays until 12:00noon. After lunch in the "Gardens", we will walk west on Fordham Road to the Bronx Community College and the Hall of Fame. We will walk to the Burnside Station (No. 4 train) to return to Manhattan. Bring lunch, water, binoculars or a camera with optical zoom lens. Heavy rain cancels. Leader: Tom McBreen— Day of walk use cell (516) 238-8073.

(Hike2)The Historic Public Schools of CBJ Snyder: Ridgewood to Richmond Hill

In our exploration of turn-of-the-century Progressive Era schools by CBJ Snyder, we'll get to circle the Ridgewood Reservoir, which was abandoned in the 1960s. During one particularly hot spell during the 1920s, the walkway around the Reservoir was left open at night and 10,000 people slept there. 8-10 miles, city streets, good pace. Bring lunch and

May-August 2010

water. **MEET 10 AM** Call for the meeting place the week of the hike. Leader: Jean Arrington, 646-290-4119.

Saturday, September 4, 2010

New York's East-Side Museums and Cultural Institutions-Part 1 8+ miles, 5 hours, moderate pace. Walk by museums and cultural institutions on Manhattan's east side. **MEET at 9:30 AM.** above the Prometheus statue (south side) at Rockefeller Center. Take the D or F train to 47-50th Street. Bring lunch, water, and snacks. Heavy rain cancels. Leader: Z. Baez email: loves2walk@gmail.com.

Saturday, September 11, 2010

New York's West-Side Museums and Cultural Institutions-Part 2 8+ miles 5 hours moderate pace. Walk by museums and cultural institutions on Manhattan's west side. **MEET at 9:30 AM.** above the Prometheus statue (south side) at Rockefeller Center. Take the D or F train to 47-50th Street. Bring lunch, water, and snacks. Heavy rain cancels. Leader: Z. Baez email: loves2walk@gmail.com.

Saturday September 25, 2010 (Two hikes)

(Hike 1)NYC MARATHON WALK Walk most of the route of the NYC Marathon, starting at 94th Street and 4th Avenue in Brooklyn and ending outside of Tavern on the Green in Central Park (Manhattan), including 4 boroughs and 4 bridges. Total distance is not quite 24 miles, but there are countless drop-off points. There may also be an optional "off-marathon" extension of the walk. Brisk pace. Bring water and bring (or buy) lunch. Bad weather does not cancel, but may shorten. **MEET: 8:30 AM** at Fort Hamilton

Memorial Triangle, bounded by 4th Avenue, 5th Avenue, and 94th Street, in Brooklyn. Take R train to 95th Street Terminal, which is at 4th Avenue. Leader: Ian Hochstead, Email: ianhoch@hotmail.com

(Hike 2)Constitution Island – Family Day Strolling, sightseeing at a gentle pace. This legendary gem on the Hudson, opposite West Point, is open only 3 weekends per summer. Take Metro North (Hudson Line) from Grand Central to Cold Spring and **MEET approx. 11AM** (time depends on what the new train schedule will show for train arrivals before or close to 11AM) at the parking area south side of train station, for transport to the island. Bring photo ID. Expect entrance fee of \$10, covering free boat rides, guided walks, or independent exploration. Amenities include shaded picnic groves, public restrooms, a gift shop in the historic Warner House, walking trails, and a hot dog vendor. *Departure time is optional. (*Alternatively, meet at 10AM at parking lot at North White Plains Train Station for car pooling. Donate \$5 to the driver. For this option, you must call leader in advance.)* Leader: Stewart Manville 1-914-582-12379

JOIN NY BEACH CLEANUP at a waterfront near you. Contact Barbara at alsbeach@aol.com or call 718.471.2166

WALKING BY WATERS

by Cy A Adler

a uniquely memorable book of photos
showing NY-NJ shores and Hudson River reaches.

WALKING BY WATERS is a unique collection of photos, taken from 1984 to 2010, mainly of waterfront areas New Yorkers know nothing about. These extraordinary photos were snapped mainly by Cy Adler, founder of Shorewalkers Inc; and author of **WALKING THE HUDSON---** BATT TO BEAR, and **WALKING MANHATTAN'S RIM---**THE GREAT SAUNTER.

Waters have always attracted Cy Adler. During the past 35 years he has explored on foot the waterfronts of rivers, bays, estuaries, canals, lakes, meers, Atlantic Ocean, sounds, marshes, ponds, waterfalls, aqueducts, kills in New York and New Jersey and along the Hudson River. ...On these expeditions, often with other shorewalkers, he has trod over one thousand miles of changing waterfronts, and taken a few thousand pictures. In **WALKING BY WATERS** you will find a collection of mainly water-shore-scape photographs which will give you a sense of the amazingly varied urban and natural evolving waterfronts around us.

See glorious crud under the Hell Gate Bridge, see the elegant Highbridge Tower beheaded by vandals in the 1980's, see nearby waterfalls you did not know existed, see Shorewalkers clinging to a chain-link fence on a ledge above the Harlem River, see beautiful water-scapes,... and much more.

Viewers of these photographs who may wish to see for themselves the flowing streams and tides around can join the Shorewalkers, an environmental and walking group, www.shorewalkers.org. **WALKING BY WATERS** is dedicated to all shorewalkers who helped plan and organize many of the walks you will see depicted here in.

7x7inches, 147 pages, mostly color, © 2010 Green Eagle Press, \$29.95

To order copies email **WALKING BY WATERS** mail@greeneagle.org

YES, I WANT TO JOIN SHOREWALKERS.

Please enroll me for the following membership option (circle one): Individual \$20; Family, \$25; Contributor \$50 - \$99; Donor \$100 - \$499; Patron, \$500 - \$999; Angel of Shorewalkers, \$1,000+

Circle One: New; Renewal; New Address
Name _____
Address _____
City _____ State _____ Zip _____
Email/fax _____

Send \$ to *Shorewalkers*, Box 20748, NY, NY 10025. Make checks payable to Shorewalkers, Inc. a 501(c)(3) non-profit Group. Your company may match your donation, so check with your employer. Thank you.

I AM INTERESTED IN VOLUNTEERING

for the following committee (circle all that apply): hiking, PR, membership, fundraising, newsletter, Great Saunter environment, PR, Grand Harlem River Park, Batt-to-Bear Trail.

BOOKS & STUFF FOR SHOREWALKERS

Special deals when you join or renew your membership:

- Deal 1:** *Walking the Hudson, Batt to Bear* \$10
- Deal 2:** *Walking Manhattan's Rim.....* \$10
- Deal 3:** *Walking by the Waters* \$29.95
- Deal 4:** *Shorewalker's Cap* \$5
- Deal 5:** *Great Saunter T-Shirt, blue; M, L, XL* \$12
- Deal 6:** *Harlem River Map/Guide* \$7
- Deal 7:** *History and Achievements of Shorewalkers, 1st 25 Years* \$10/Members free

Bonus: Shorewalkers buttons---\$1

Editors: Nick DiNapoli, Emi Iwaita, Christine Yost, Cy Adler

Send your comments, suggestions, and offers to volunteer or contribute to: mail@shorewalkers.org
Or to: Box 20748, New York, NY 10025



**Box 20748, Cathedral
New York, NY 10025**

TO:

Is your membership current? Check the expiration date on your address label. Please pay your due. To receive the newsletter via email rather than snail mail send you name and email address to mail@shorewalkers.org