

The SHORE WALKER

The Shorewalker is the newsletter of Shorewalkers, Inc., a nonprofit environmental organization dedicated to exploring and preserving the shores and wetlands of New York City and surrounding areas. We walk through and enjoy the outdoors, support efforts to build and maintain open spaces along our public waterways, and encourage all to enjoy our environment.

“Collecting is good, shorewalking is better”

Shorewalker Hotline: 212-330-7686; Website: www.shorewalkers.org

Bicycling Across the Country

By Walt Wright

(Shore)Walking is the best way to see New York City. At three miles per hour, you have time to really see the buildings, the people, and the scenery, and to get a feel for the various neighborhoods in our great city.



Start of trip May 27, 2008 Wyeth, OR

But the best way to see the country, I'm convinced, is by bicycle -- slow enough so that you have time to see everything, but fast enough to make reasonable progress.

For the past few months I have been sightseeing across the northern United States, traveling by bicycle.

Starting in Seaside, Oregon, I followed the Columbia River along the Oregon-Washington border; spent a few days in Walla Walla, the center of Washington's wine country; crossed the Snake River into Lewistown, Idaho; climbed through the Bitterroot Mountains and over the Continental Divide into Montana; meandered through the varied terrain of Montana for one month/1,000 miles; followed the Missouri River through the grass lands and vast farms of North Dakota and South Dakota. Now, after 2,200 miles, I am in Pierre, South Dakota and will soon begin the second half of my trip, heading home to Brooklyn, NY. Pedaling the whole way gives you plenty of time to study the scenery, enables you to see the wildlife, gives you a real feel for the terrain (you definitely notice every hill!), and makes it easy to stop and chat with people you encounter along the way.

Walt Wright is Director and Vice President of Shorewalkers, Coordinator of the Great Saunter, and originator of the Manhattan Bridge Walk. You can check his blog at walt-fatmanonabike.blogspot.com

Environmental and Greenway Projects

During the past 25 years Shorewalkers has explored and helped develop many waterfront trails in NY and NJ.

In 1984, the New York Times published our essay *For Hudsonophiles A Long, Long Trail*, in which the proposed a 315-mile shore trail along the Hudson River. This op-ed article sparked greenway developments on both sides of the Hudson River, and helped create the **Hudson River Park** in Manhattan and other parks along the Hudson.

The waterfront trail, explored by Shorewalkers leaders, was documented in the acclaimed book *Walking the Hudson: Batt-To-Bear*, which describes the 56-mile Batt-To-Bear Trail from the Battery to Bear Mountain. Shorewalkers scouted the trail and since then have taken thousands of walkers along this scenic and historic path. See Calendar for info on Batt-to-Bear walks.

In 1984 Shorewalkers first explored Manhattan's rim, a unique 32-mile walking path that goes through diverse waterfronts and twenty different parks. Since, thousands of hikers have gone with the Shorewalkers along the Hudson, Harlem, and East Rivers.

The Great Saunter of 2009 will take place on Saturday, May 2. Mark your calendars.

These, and more, are documented in The 25th Anniversary History of Shorewalkers. See back for details.

Shorewalkers is currently working to bring about the **HARLEM RIVER VALLEY RECREATION AREA**, a greenway which will be approximately 13 miles long and circle the Harlem River in the Bronx and Manhattan. It will connect a dozen parks and green spaces to create a green and blue recreation region larger and more varied than Central Park. See the calendar for walks and events that highlight this fascinating area of New York.

Proposals:

1. Congress shall place a 10 cent/gallon impost on imported petroleum products and use the funds to build greenways for walking and biking.

2. New York City and State shall create the Harlem River Valley Recreation Area which will include all parks and historic sites in the area between Northern Manhattan and the West Bronx connected by greenways.

3. Dedicate and mark the Batt-To-Bear-Trail from the Battery to Bear Mountain.

4. Dedicate and mark the Great Saunter Walking Trail.
To Help and/or Learn More About These Projects, send an email to mail@shorewalkers.org

Shorewalkers Calendar

Explore your shores and wild waters. See marshes, meadows, beaches, streams, ponds, oceans. Wear sturdy shoes; dress in layers. Bring snacks, water, extra socks, and a hat. Foul weather may cancel; if in doubt, call the hike leader. Walkers must be physically fit and waive all rights and claims for damages against Shorewalkers. All walks and expeditions are free to members unless otherwise stated. We ask guests for donations. Hotline: 212-330-7686

Monday, September 1, 2008 (Two Hikes)

Leather Stocking Trail And Saxon Woods.

Moderate terrain, Larchmont–Mamaroneck area. Pleasant scenery and lush greenery. Distance 9 miles and duration 4 ½ hours. Bring lunch and water. Also bring sun blocker. **MEET 9:15 AM**, Grand Central Information booth (upper level). Fare \$14, seniors \$9.50. Take 4, 5 or 6 train. *Leader: Ray Krant, 718-435-4994.*

Jones Beach. 4-6 mile walk on boardwalk and some trails. Bring bathing suit for possible swimming. Also bring lunch, water, and suntan lotion. Old shoes or slippers are good idea, because we will be walking the beach. **MEET Noon** at Freeport LIRR Station Waiting Room. Take the LIRR train arriving Freeport at 11:46 AM (leaving Penn Station at 11:02 AM or Jamaica Station at 11:24 AM – check LIRR schedule for changes). Fare: \$6.75/\$4.50 c.w. plus Metrocard for bus. Rain cancels. *Leader: John Socolick, 516-791-6453. Call 6–10PM.*

Saturday September 6, 2008 (Two Hikes, One Canoe Journey)

NYC Marathon Walk. Walk most of the route of the NYC Marathon, starting at 94th Street and 4th Avenue in Brooklyn and ending at Tavern on the Green in Central Park (Manhattan), including 4 boroughs and 4 bridges. Total distance is not quite 24 miles, but there are countless drop-off points. There will also be an optional "off marathon" extension of the walk. Moderate to brisk pace. Bring water and bring (or buy) lunch. Bad weather does not cancel, but may shorten. **MEET 8 AM** in front of "Hot Bagels" at the corner of 5th Avenue and 94th Street, in Brooklyn. (Across the street from Staples). Take R train to 95th Street Terminal, which is at 4th Ave. *Leader: Ian Hochstead, ianhoch@hotmail.com*

Tallman Mountain State Park. 7 miles. Follow the Batt-to-Bear path northward through Tallman Mtn. up to Piermont, NY. Here, we take the Old Erie R.R. bed to Nyack. Generally flat to mild hills, with one steep descent. Optional dinner in

Nyack. Bring lunch and water. **MEET 8:50 AM** at the South Wing of the Port Authority Bus Station, by the white commuter statues. Fare: R.T. about \$7.80 for seniors and \$15.60 for regular tickets. Depart gate 220, bus 9A at 9:15 AM, outward to Oak Tree Road on 9W. (Can also depart from the GW Bridge Bus Terminal at 9:40 AM) Call to confirm, and for any schedule changes. Joint hike. *Leader: Marvin Malater, 718-376-3608.*

Wawayanda Lake: A Canoe Journey. Explore this 1.5-mile long lake with 5.5 miles of shoreline with various islands in New Jersey by canoe for 3 to 4 hours, or try some paddle boats. Beginners welcome. Transit bus #197 to Greenwood Lake, NJ: Lakeside Rd (Rt 513) and Greenwood Lake Turnpike (Rte 511). R.T. bus fare about \$20 plus short cab or shuttle. Canoe rental approx. \$30 per canoe, shared canoes. Drivers meet at bus to shuttle participants. Call leader for meeting time. *Leader: Nick DiNapoli, 212-600-1180.*

Sunday, September 7, 2008

Nine Bridges On The Passaic River. Around 13 flat miles, moderate pace, mainly on city streets, some parks and trails. Early drop-out possible. Cross the Passaic River 10 times on 9 different bridges – some old and some new – between Fairlawn and Rutherford, NJ - and see several other bridges and other things. Bring water and snacks. Eat lunch at historic "Hot Grill" in Clifton, or bring lunch to eat in adjacent park. **MEET 9:55 AM** at the Fairlawn-Broadway Train Station. Take 9:25 AM NJ Transit Bergen Line train out of Hoboken (9:35 AM out of Secaucus). PATH to Hoboken, or 9:14 AM Northeast Corridor line out of Penn Station to Secaucus. Leader will board train in Rutherford. Walk starts immediately on arrival of train in Fairlawn. *Leader: Craig Nunn, 551-206-6823 (before 10 PM) or dystopicnj@yahoo.com.* Joint hike. Steady rain cancels.

Saturday, September 13, 2008 (Three Hikes)

Coney Island and Brighton Beach. Easy 4-mile stroll along boardwalk to see remains of Steeplechase Park (maybe take a ride) and perhaps, the Aquarium. Finish with optional early supper at atmospheric (read cheap) restaurant Bring water and lunch, or buy. **MEET 11 AM** at Nathan's on Stillwell Ave. Take D,F,Q to Stillwell Ave-Coney Island stop. Excess heat

or rain cancels. *Leaders: Matt Raship, 516-466-8673, and Ted Gabay.*

"The Union Square Shuffle." On this moderate paced walk, we will visit sites that offer FREE entertainment. Shuffle east from Washington Square Park to Tompkins Square Park, then journey south along the East River to the tip of Manhattan. Lunch break at Battery Park. Afterwards, walk up the Hudson River along Hudson River Park and back to Union Square. **Meet 9:30 AM.** sharp, in front of Whole Foods Market on 14th St., south of Union Square Park. Bring water and lunch. Subways: N,R,Q,4,5,6 & L trains to 14th St./Union Square. Heavy rain cancels! *Leader: Z Baez, loves2walk@gmail.com.*

Central Park Conservancy. A walking tour of the views and waterways of Central Park. It starts at **1 PM**, a few steps west of the Dairy, which is mid-park at about 64th street and ends about 2:40 PM, past the Ramble, at the Belvedere Castle, which is mid-park at 79th St. *Leader: Michael Graff, mgraff@nyc.rr.com; no calls please.*

Sunday, September 14, 2008 (Three Hikes)

Jones Beach Walk. Bring 2 portions of food for gourmet feast. Walk to Roosevelt nature sanctuary on beach and then to Bayside for interesting birds. Distance 5 miles on boardwalk and beach. **Take the 9:12 AM train** to Wantagh, ETA 10:03 AM. Please check schedule. Drivers appreciated for shuttle to beach from Wantagh. Call leader to confirm hike will take place. *Leader: Frank Bamberger, 718-457-5159.*

Greystone, Bronx, Highbridge. Half-mile walk and climb to Beaux-Arts Untermyer Gardens, then quick-paced hike on level Old Croton Aqueduct to the Bronx, and optionally on to the Manhattan side of the Highbridge. Trail shoes, lunch, Metrocard, \$6 for Hudson line required. Early outs possible at Van Cortlandt Pk. Joint w/ Sierra Club. Take rear car of **9:20 AM Hudson line from GCT or 9:40 from Marble Hill** to Greystone. Arrive 9:56 AM. Hike ends at No.1 or A Line of subway. Steady rain cancels. *L: Mike Graff, mgraff@nyc.rr.com. Call 917-902-7979 only if lost on day of hike.*

Narrows to Coney Island. Walk along Narrows path paralleling Belt Parkway ending up at Nathan's on Stillwell Ave, near Q-F subway stop.

Easy Pace, 5 miles (4-5 Hours). Bring lunch and water. **MEET 11AM** at R-train station, 95th and 4th Ave. *L: Edward Leibowitz, 201-332-1709 (cell) 201-850-9649. Rain Cancels. Phone for more information.*

Friday, September 19, 2008

Harlem River Valley Symposium. Roberto Clemente Park, Noon-5pm.

Saturday, September 20, 2008

Harlem River Valley Symposium Walk. 10 AM to 2 PM, 170th Street and Amsterdam Avenue. Take the "A" or "1" to the 168th Street Station. *Leader Cy Adler, 212-663-2167.*

Sunday, September 21, 2008

End Of The Line Walk (Part 5). In this series of walks we explore life at the end of the subway lines. In this walk we begin in Ozone Park/Lefferts Blvd and walk through Queens and Brooklyn touching the A, C, 3, 4, and ending at the B/Q/Franklin Avenue Shuttle station. Approximately 12 miles. Pace is steady. **MEET 9:30 AM** at the NE corner Lefferts Blvd. Take A train to Lefferts Blvd. Bring lunch. Rain cancels. *Leaders: Jack & Elizabeth, 718-478-2430.*

Monday, September 22, 2008

Three Bridges/Three Islands. We will walk across the FDR footbridge down to the Ward's Island Pedestrian Bridge. Then we'll walk across the island to the Triboro Bridge and walk to Astoria via the bridge. Once in Astoria we can pick up lunch at a local deli or you can bring your own and we'll eat at Astoria Park near the Hell-Gate. Finally as we continue in a southerly direction till we reach the 59th St Bridge, aka the Queensboro Bridge, where we'll conclude our hike either by walking back to Manhattan or taking the subway at Queens Plaza. **MEET 10:30 AM**, Thomas Jefferson Rec. Center, First Avenue & E 112th St. Take #6 to 110th Street and walk east to 1st Ave or M-15 bus up 1st Ave to E 112th St. Distance about 6 miles in 4-5 hours approximately. *Leader: Dan Abatelli 212-249-7610(H) or 917-620-9626(C).*

Saturday, September 27, 2008

(Three Hikes)

Oceanfront Walk: Allenhurst - Spring Lake. A 7-mile, one-way, moderate pace. We'll walk on boardwalk and scenic beaches with a brief stop in historic Ocean Grove, which has many gingerbread Victorian houses. Bring lunch, water, sun protection. Bad weather

cancels. **MEET 10:40 AM** at Penn Station's NJ Transit Windows. We'll take 11:07 AM. NJ Transit North Jersey Coast Line train to Allenhurst, arriving 12:47 p.m. The walk ends at Spring Lake train station. Joint with other clubs. *Leader: John Carr, 347-886-3070.*

Constitution Island. Visits to this legendary gem are limited to only 3 weekends each summer. Situated on the Hudson opposite West Point, it is accessible to the public by special transportation from the commuter parking area south of Cold Spring. The fee last season for seniors and groups was \$9, and we were treated to free boat rides. We had a choice of guided walks or independent exploration. Amenities include shaded picnic groves, public restrooms, a gift shop in the historic Warner House, walking trails, and a hot dog vendor. **MEET 10 AM.** Optional return time. It is a good idea to bring PHOTO ID since it is part of a US military reservation. *Leader: Stewart Manville, 914-582-1237.* (A \$5 donation to the driver if you meet at our NWP meeting place; call leader for this info).

The Bridges & Waterways Of New York's Central Park. This is a moderately paced adventure under, over, around and through many of the amazing architectural wonders throughout Central Park. We begin our walk at the southwest tip of Central Park South and zigzag our way up the eastern half of Central Park to The Harlem Meer at 110th St. Then we circle back along the western half of the park and finish at Sheep's Meadow. Please bring water and lunch or snack for this fascinating 5-hour journey of approx. 8 miles. **MEET 9 AM** sharp at the Atrium entrance to the Time Warner Towers Complex at 59th St. & Columbus Circle. Take the A, D or 1 train to 59th St. Rain or Shine! *Leader: Matthew Brozyna, 917-912-9533.*

Sunday, September 28, 2008

Long Pond: Tottenville's Newest Pond Park. Evidence of animal life, especially reptiles and amphibians, as well the geological history and human influence will be observed as we take an unhurried stroll on a 1.5-mile hike through the park. Meet at PS 6, on Page Avenue and Academy Ave about 3 blocks NW of Hylan Blvd. For more info call leaders *Dick Buegler (718-761-7496)* and *Clay Wollney (718-869-6327).* Joint hike.

Saturday, October 4, 2008 (Two Hikes)

Manhattan Island Bridge Walk. Start at George Washington Bridge and end at Brooklyn Bridge. The entire walk will be 30+ miles including the 15 bridges with open walkways leading on/off of Manhattan Island. We will be walking the whole way, no transit in between bridges. We will, however, be passing by transit at many points, allowing for dropping off. Bring or buy water, lunch, and snacks. Brisk pace. Heavy rain cancels. **MEET 7:45 AM** inside the George Washington Bridge Bus Station, in Manhattan, by the GWB on Fort Washington Avenue between 178th and 179th Sts, on the east side of the main floor, near the restrooms. We will begin walking promptly at 8 AM. *Leaders: Ian Hochstead (ianhoch@hotmail.com)* and *Maurice Teahan (mteahan@nyc.rr.com).*

Rounding Historic Manhattan. Includes Battery Park City. Great harbor views, some historic side streets, lunch at South Street Seaport. Cross Brooklyn Bridge to Esplanade. 7-8 miles. Rain cancels. **MEET 11 AM** in front of Trinity Church, 9 Broadway and Wall St. Take 4 or 5 train to Wall St. *Leader: Minor Bishop, 212-686-5095.*

Tuesday, October 7, 2008

Massapequa Creek. Fresh water wetlands, Nassau-Suffolk Greenbelt Trail. Moderate pace, 6 miles (4 hours). Bring lunch and water; **MEET 10:08 AM** at Massapequa RR station (leaves Penn station at 9:08 AM). Check MTA info for any changes. Round trip is \$14.50. *Leader: Bob Kess, 631-225-0277.*

Saturday, October 11, 2008 (two hikes)

Twin Lights And Hartshorne Park. 7-mile, circular, some up /downs but no big climbs, moderate pace, moderate hiking trails. We'll visit Twin Lights, a lighthouse on a hill, which has sweeping coastline views. We'll then hike in Hartshorne Park, a wooded riverfront park. Hike ends in time for 4:18 PM. bus going back to NYC. Bring lunch, water, sun protection, hiking boots. Bad weather cancels. **MEET 9:30 AM** at PABT's Commuter Statues near ticket windows. We'll take 10:00 AM Route 36 Academy bus to the Highlands (before the Highlands Bridge on Route 36 at Off The Hook Restaurant), arriving at 11:22 AM One-way ticket: \$10.25; seniors \$5.10. *Leader: John Carr, 347-886-3070.*

Hook Mountain Summit, Rockland Lake Return Shore Path to Nyack. 7-8 miles. Moderate pace on the hills, with many views. Optional dinner in Nyack. **MEET 8 AM** PABT,

South Wing at the White Commuter Statues. Departure on the 8:22, 9A bus from gate 220. Total fares: \$18; seniors \$9. Bring lunch and water. *Leader: Marvin Malater (718-376-3608); call earlier to confirm. Joint hike.*

Monday, October 13, 2008 (Columbus Day)

Pocantico Hills. Moderate to fast hike going through Tarrytown Reservoir area, abandoned Putnam RR station, into scenic Pocantico hills, passing Swan Lake, and ending at Old Croton Aqueduct. Bring lunch and water; 10 miles (5 hours); **MEET 9:30 AM** at Grand Central Information Booth; fare is \$14; seniors \$10. *Leader: Ray Krant, 718-435-4994.*

Peekskill to Croton. Briarcliff trail. About 13 hilly miles. Blue Mountain reservation. Optional dinner. **MEET 8:30** in Peekskill, take train from Grand Central. Call to confirm. *Leader: Oliver Wayne, 917-415-2567.*

Saturday, October 18, 2008 (2 Hikes)

The Jersey / Hudson River Saunter – Part 2. Spectacular views of the Big Apple, from a different perspective. Join us on this 14+ mile medium-paced walk. Walk across the George Washington Bridge, spiral south along the Palisades and New Jersey shore. Pass through Historic Hoboken, and finally end at the new pier near Jersey City. Please bring plenty of water, food, and/or lunch for this visually stunning, 7+ hour mini-saunter. Return to Manhattan by PATH (\$1.50 fare). **MEET 9:15 AM** at the Information Booth in the GW Bridge Port Authority Bus Terminal (178th St./Broadway). Take the A Train to the 175th St. Station. Rain, snow or ice cancels. *Leader: Matthew Brozyna, 917-912-9533.*

Ossining-Croton Aqueduct Dam. Walk atop the Old Croton Aqueduct from Ossining to the Dam that was the largest masonry structure since the great pyramids of Egypt; picnic in the magnificent gorge by the rocky spillway of the Croton River; study the history and design of this engineering marvel that saved New York City. MTA Hudson Line 8:56 from GCT or 9:15 from Marble Hill. **Arrive Ossining Sta. at 9:43 AM.** (Check with MTA if there are any timetable changes since October 4.) Drivers should meet the train sta. and shuttle to Community Center parking lots, 95 B'way, Ossining. From there, walk, on the level tree-lined OCA Trail, by a double arch bridge at 2.3 MPH pace to the great dam, descend to the gorge for lunch and return

the same way for 4:31 train back. Joint with Sierra Club and AMC. *Leader: Michael Graff, Mgraff@nyc.rr.com; 917-902-7979. No calls except lost on day of hike. Steady rain cancels.*

Tuesday, October 21, 2008

Tackapausha. Fresh-water wetlands, nature museum; 4 miles. Bring lunch and water. **MEET 10:06 AM** at Seaford RR station (leaves Penn station at 9:08 AM; check schedules for changes). Round-trip fare is \$14.50. *Leader: Bob Kess, 631-225-0277.*

Friday, October 24, 2008

ANNUAL MEETING & PARTY Election of Directors and Officers. All members are invited. Please suggest members who might join the Board of Directors or become officers. Please email or call to nominate anyone, including yourself. Help bring Shorewalkers to a wider public and expand our environmental involvement. Potluck: Bring your favorite dish, drink or contribute \$5. Place: Central Park West, NYC at Lloyd and Mary's beautiful apartment. Time: 6-9 PM.

Saturday, October 25, 2008(Four hikes)

Appalachian Trail Sampler. Starting with a 300-400 foot climb, to the top of the Bearfort Ridge, overlooking Greenwood Lake, walk on the Appalachian trail to Mt. Peter in Bellvale where we cool down on ice cream at the Creamery while observing the hawk migration overlooking the Warwick Valley. This is a one-way, 5-6 mile hike. NJ Transit bus #197 leaving Port Authority **7:30 AM** to Lakeside Road at Greenwood Lake, NJ. Exit bus at the NY/NJ State Line, at the Welcome to NY sign. Call leader to confirm bus schedule and that hike is on. *Leader: Nicholas DiNapoli, 212-600-1180.*

The Bridges & Waterways Of New York's Central Park. (For description, see September 27, 2008.)

Kensico Reservoir. See the leaves changing. 8 easy miles; **MEET 9:30 AM** at the Grand Central Information Booth; approximate cost of R/T tickets \$16. No smoking during the walk. Return around 4:30 PM. *Leader: Mayor Wiesen, 516-671-2095. If leaving from the Bronx, call leader the day before, around 8 PM.*

Saturday, November 1, 2008

Historic Public School Buildings Near Brooklyn's Old Waterfront. We'll look at

schools in Bay Ridge and Carroll Gardens designed by architect Charles B. J. Snyder, Supt of School Buildings from 1891 to 1923. His buildings embodied educational-reform concepts about light, fresh air, and play space for children coming out of crowded tenements. He saw schools as civic monuments. **MEET 10 AM** at the southeast corner of Smith and Warren (at the Bergen St "F" train stop) and cover around 8 miles with lots of waterfront walking. Bring water and a lunch. Frequent drop-off points. *Leader: Jean Arrington, 646-290-4119 (cell).*

Sunday, November 2, 2008 (Two Hikes)

Central Park and the NY Marathon. Easy 4-5 mile walk through the Loch, Harlem Meer, Conservatory Garden and more. Watch the Marathon runners. Finish with optional cheap supper at Dallas BBQ (or somewhere else). Bring water and lunch. **MEET 11 AM** on W. 86th St on east side of Central Park West. Take 1, B, C to 86th St. Excess rain cancels. *Leaders: Matt Raship, 516-466 8673, and Ted Gabay.*

Astoria. Plan to visit Lawrence Cemetery, Steinway Mansion, Lent Homestead and St. Irene's Greek Orthodox Church with a late lunch at Agnandi, a Greek Taverna near Astoria Park, or bring your own and eat in the park. Possibility of walking to Roosevelt Island and viewing city at sunset. 4-5 miles not including walk to Roosevelt Island. **MEET 10:30 AM** at Ditmars Blvd., last stop on N or W line, downstairs on street level. *Leader: Hanna Slome, 718-463-5729, (before 9 PM).*

Saturday, November 8, 2008

Long Path. 12 miles. A winter pass on Squirrel Walker Ridge, with an ascent to Hook Mtn. Hudson vistas, Rockland Lake and a picturesque Shore Path return to Nyack. Optional dinner. Bring lunch and water. **MEET 8 AM**, PABT White Commuter Statues for the 8:22 bus, R/T to Nyack (Depew Ave.), Gate 220. Total fares: \$18; seniors \$9. *Leader: Marvin Malater, 718-376-3608. Call to confirm. Joint hike.*

Sunday, November 9, 2008

Riverside Park to Little Red Lighthouse. Flat walk along Hudson River through Riverside Park. Brisk pace. Bring lunch, water. Sturdy footwear. Lunch at Riverbank State Park. Steady rain or icy conditions may cancel. Call 7:30-8 a.m. morning of hike if in doubt. **MEET 10 AM**, 72nd St. & Riverside Drive at park entrance by

the Eleanor Roosevelt statue. *Leader: Dorothy Lourdou, 212-685-6443.*

Saturday, November 15, 2008

The Jersey/Hudson River Saunter - Part 2. If you have been searching for a journey with spectacular views of the Big Apple, but from a different perspective, make it a must to join us on this amazing 14+ mile medium-paced walk. First, we walk across the George Washington Bridge from Manhattan; then we will spiral south along The Palisades, The Cliffs and The Shores of New Jersey. Later we pass through Historic Hoboken, and finally end our adventure at the newly rebuilt pier near the tip of Jersey (Liberty) City, N.J. Please bring plenty of water, fresh fruit & nuts for energy, and/or lunch for this visually stunning, 7+ hour mini-saunter. We return to Manhattan by PATH (\$1.50 fare). **MEET 9:15 AM** at the Information Booth in the GW Bridge Port Authority Bus Terminal (178th St./Broadway). Take the A Train to the 175th St. Station. Rain, snow or ice cancel. *Leader: Matthew Brozyna, 917-912-9533.*

Saturday, November 22, 2008

The Bridges & Waterways Of New York's Central Park. (See September 27, 2008 for description.)

Saturday, November 29, 2008 (Two hikes)

Stump Pond Plus Caleb Smith. Two options 6 or 10 miles. Moderate, brisk, and flat. Hike around beautiful L-shaped Stump Pond then on to explore Caleb Smith State Park. Bring water and lunch; wear hiking boots. Rain, snow, or icy conditions cancel. From Penn Station take the 9:14 a.m. LIRR train to Smithtown. R/T fare \$19.50; seniors \$13. *Leader will meet group at Smithtown train station at 10:48 AM (Check schedule for changes).* *Leader: Quyen (Quinn) Pham, 631-234-5486 (8-10 PM and morning of hike), qwpham@yahoo.com.*

Saturday, November 29!

WALK OFF THE TURKEY (WOTT)! Bring your friends and relatives and join the other Shorewalkers for our annual post-Thanksgiving walk from the Battery to the Little Red Lighthouse. This is the perfect way to socialize, enjoy the Hudson shoreline in the fall, and walk off those pesky holiday calories at the same time. **MEET 10 AM** at the Staten Island Ferry terminal, end about 12 miles and 5 hours later at the GW Bridge. Bring sandwich and water, and plan to join others for a mid-day snack at the end of the walk. Take N or R train to Whitehall Street, or take #1 train to South Ferry. *Leaders: Tom McBreen, Walt Wright, Cy Adler. Call HOTLINE for more info: 212 330-7686.*

Saturday, December 6, 2008

Piermont To Upper Nyack. Portion of the Batt-to-Bear Trail. 9 miles encompassing the Old Erie RR bed, Long Path, Upper Nyack Trail, and Hudson River Shore Path. Terrain from high and level to hills and shore. Moderate to brisk pace. Bring lunch and water. **MEET 8 AM**, PABT White Commuter Statues for 8:22 AM bus, O/W to Piermont, NY, Gate 220. Total fares: \$18; seniors \$9. *Leader: Marvin Malater, 718-376-3608.*

Sunday, December 7, 2008

Exchange Place to Hoboken & Beyond. Walk from Exchange Place Path station to Stevens Institute of Technology in Hoboken along the Hudson River. Easy pace, 5 miles (4-5 Hours). Bring lunch and water. **MEET 10:45 AM** at top of escalator in Exchange Place Path Station. *Leader: Edward Leibowitz, 201-332-1709 (Cell: 201-850-9649).* Call for more info. Rain/Snow on day of hike cancels.

Saturday, December 13, 2008

Bronx Southwest Coast To Hunts Point. Explore changing industrial and shore areas; expect different fauna and flora. "Initially done November 6, 1983" **MEET 10 AM**, NW corner Grand Concourse and 149th St; reach by 2, 4, or 5 train. See Ben Shawn mural at Bronx Post Office. Walk south on Grand Concourse, along the Harlem River on 132nd St. to the East River. Then past (or through) the RR yards to a bridge over the Bronx River to Hunts Point. Call only if inclement weather. *Leader: Cy Adler, 212-663-2167.*

Monday, December 15, 2008

MAILING PARTY. Help mail out the Winter 2009 issue of The Shorewalker. Call HOTLINE for more information: 212-330-7686 and/or 212-663-2167 for time and place.

Sunday, December 21, 2008

Over And Under The Bridges Of Brooklyn. Walk over the Brooklyn Bridge then under Brooklyn and Manhattan bridges through DUMBO and Vinegar Hill, and the Brooklyn Navy Yard area. Climb Ft. Greene Park. Go through ethnically changing areas, Williamsburg, then under and over Williamsburg Bridge. About 6 miles. **MEET 10:30 AM** Municipal Building Plaza, Chambers Street, across from City Hall. *Leader: Cy Adler and friends*

December 25, 2008 – Merry Christmas!

Friday, December 26, 2008

Boundbrook to Kingston Along the Raritan Canal. About 16 flat miles. **MEET 8 AM** at white statue in Port Authority building. Call leader to confirm. *Leader: Oliver Wayne, 917-415-2167.*

Saturday, December 27, 2008

Great South Bay And Bayard Arboretum. Two options 6 or 11 miles – Moderate/brisk. Flat, varied. Fantastic view of the Great South Bay in Heckscher State Park. End the day by exploring the beautiful Arboretum. Bring water and lunch; wear hiking boots. Rainy, snowy, or icy conditions cancel. From Penn Station take the **9:14 AM LIRR train** to Great River. R/T fare \$19.50; seniors \$13. Leader will meet group at Great River train station at 10:37 AM. (Check train schedule). *Leader: Quyen (Quinn) Pham 631-234-5486 (8-10 PM and morning of hike); qwpham@yahoo.com.*

Thursday, January 1, 2009

Happy New Year's Day Hike. Explore the Harlem River and woodsy north end of Manhattan along the GREAT SAUNTER PATH. Visit Inwood Hill and Highbridge Parks. Welcome the New Year by walking the shores and parks of upper Manhattan. See hills, great wild parks, historic sites, shoreline on the Harlem River. **MEET Noon** at 178th Street and Broadway at the Port Authority Bus Terminal Information Booth. *Leader: Cy Adler and friends.*

You don't know, you don't know this town,
You don't know, you don't know this town,
Till you join Shorewalkers, and they get you
walking a-round.

It's about thirty-two miles around Manhattan's Rim.
It's about thirty-two miles around Manhattan's Rim.
But you can join 'em for a few miles. Next year
come again.

—Shorewalkers' Song

DO YOU REALLY KNOW NEW YORK CITY?

Have you walked the city's 50 major bridges?
 Have you seen the Statue of Liberty from the edge of the George Washington Bridge?
 Or the sunset over Manhattan from the Triborough?
 How much of the city's shoreline have you trod?
 And seen the brand-new parks on the west side of Manhattan?
 Or viewed Spuyten Duyvil from the heights of Inwood Hill Park?
 Or the Staten Island shoreline? Or the Hell Gate?
 Or the Harlem River Valley Gorge?
 Or stood on the top deck of Riverbank State Park and viewed the Palisades?
 The Indian caves or the slave burial ground in Manhattan...
 What islands have you circled — Governors, Roosevelt, Randall's, City, Staten, Hart?

WALK WITH US ON THE PALISADES ALONG THE BATT-TO-BEAR TRAIL. Explore with us the wilds of Jamaica Bay and the beaches of Coney Island, Fire Island, Long Island, and the Jersey Shore.

JOIN SHOREWALKERS TO HELP OUR ENVIRONMENT. Tidy up parks and greenways along the waterfront. Help fight for waterfront trails around the Harlem River and along the Hudson. Bring safe and clean walkways to all our bridges. Protect wildlife: birds, fish, and other animals. Reduce pollution in the air, in our waters, and on our streets. You can help make our community a better place in which to live.

TO JOIN SHOREWALKERS YOU NEED A PAIR OF SHOES AND A DESIRE TO WALK ALONG THE WATER.

YES, I WANT TO JOIN SHOREWALKERS.

Please enroll me for the following membership option (circle one): Individual \$20; Family, \$25; Contributor \$50 - \$99; Donor \$100 - \$499; Patron, \$500 - \$999;

Angel of Shorewalkers, \$1,000+

Circle One: New; Renewal; New Address

Name _____

Address _____

City _____ State _____ Zip _____

Email/fax _____

Send \$ to *Shorewalkers*, Box 20748, NY, NY 10025. Make checks payable to Shorewalkers, Inc. a 501(c)(3) non-profit Group. Your company may match your donation, so check with your employer. Thank you.

I AM INTERESTED IN VOLUNTEERING

for the following committee (circle all that apply): Hiking, PR, Membership, Fundraising, Newsletter, Great Saunter, Environment, PR, Grand Harlem River Park, Batt-to-Bear Trail.

BOOKS & STUFF FOR SHOREWALKERS

Special deals when you join or renew your membership:

Deal 1: *Walking the Hudson, Batt-to-Bear* \$10 __

Deal 2: *Walking Manhattan's Rim.....* \$10 __

Deal 3: Both of the above books \$20 __

Deal 4: Shorewalkers' Cap \$5 __

Deal 5: Great Saunter T-Shirt (blue; M, L, XL) \$10 __

Deal 6: Harlem River Valley Map/Guide \$7 __

Deal 7: History & Achievements of Shorewalkers:
 The First 25 Years \$10/free to members __

Send your comments, suggestions, and offers to volunteer or contribute to: mail@shorewalkers.org
 Or to: Box 20748, New York, NY 10025

Thanks to our editors: Emi Iwaida, Tom McBreen, and Nick DiNapoli with help from Walt Wright, Andrew Friscano, Cy Adler, Therese Chorun and others.



Newtown Creek, January 1985
 (Shorewalkers Historical Photo Archive)

WANT TO SEE AND KNOW MORE? THEN JOIN SHOREWALKERS — COME ON:

- GREAT MANHATTAN BRIDGE WALK

(October 4, 2008).

- ANNUAL MEETING & PARTY

(Friday, October 24, 2008)

- WALK OFF THE TURKEY (November 29, 2008)

- NEW YEAR'S DAY WALK (January 1, 2009)

- THE GREAT SAUNTER (MAY 2, 2009)

The
SHORE WALKER

Box 20748, Cathedral
 New York, NY 10025

TO:

Please pay your annual dues!

Check the expiration date on your address label!

If you wish to receive the newsletter via email rather than snail mail, please send you name and email address to: mail@shorewalkers.org